



Got a minor injury or illness?

Instead of going to the Emergency Department at the RVI in Newcastle, come to the Lemington Resource Centre, where the wait may be considerably shorter.

Adults and children over the age of 2 years with a minor illness or injury can be seen without an appointment: Monday, Tuesday and Wednesday 8:30am - 12noon Friday 1:00pm - 4:30pm

Lemington Resource Walk-in Centre OPENS 3 MARCH 2014

So you have our details with you at all times, pop out the card and keep in your purse or wallet



The Newcastle upon Tyne Hospitals **NHS**
NHS Foundation Trust

Lemington Resource Walk-in Centre
For patients with minor illnesses and injuries

0191 229 1806

No appointment necessary
Monday, Tuesday and Wednesday mornings
Friday afternoons
www.newcastle-hospitals.nhs.uk



Our specially-trained staff provide treatment and a range of services for, and including:

- Minor illnesses
- Cuts and grazes
- Strains and sprains
- Bites and stings
- Stomach upsets
- Ear and throat infections
- Minor scalds and burns
- Emergency contraception
- Coughs and colds
- Sexual health advice
- Minor skin infections or rashes
- Ear syringing

Please note that we are not able to deal with long-term, chronic conditions or provide long-term or repeat prescriptions. Please see your own GP in these cases.

For more information about the Walk-in Centre, or to comment on our services, contact:

0191 229 1806

Lemington Resource Walk-in Centre

The Lemington Resource Centre, Tyne View, Lemington, Newcastle upon Tyne, NE15 8RZ

The Walk-in Centre is easily accessible by public transport.

Visit www.nexus.org.uk for more information

Lemington Resource Walk-in Centre

The Lemington Resource Centre,
Tyne View, Lemington,
Newcastle upon Tyne,
NE15 8RZ

For public transport information go to
www.nexus.org.uk



If following assessment the Nurse Practitioners feel that your condition is more serious, you will be transferred to the RVI.

This leaflet is available in alternative formats by telephoning 0191 229 1806.