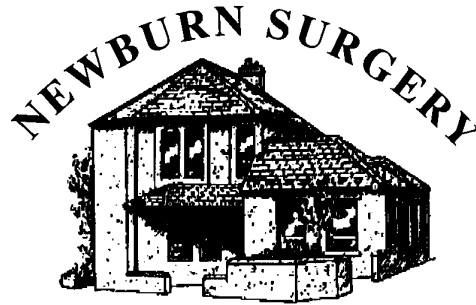


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WELCOME HOME AND CONGRATULATIONS!

We are happy to help you look after yourself and your family.

We know you will have plenty to think about, but we need to remind you about some things.

You will need to register your child with the doctor, ask at reception for a registration form.
Please Note: The child's NHS number will be needed for registration and this will have been given to you at the hospital.

We hold regular weekly Child Health Clinics at the surgery with the health visitor, practice nurse and doctor. This is a good opportunity to ask about any problems, to have your child weighed, vaccinated and assessed for normal development at the appropriate times. Our clinic is held every Tuesday afternoon between 1pm - 2.15pm. Please do not bring unwell children to the Child Health Clinic.

Mother's Checks

The midwife will visit you during the first 10 days following the birth and you will receive a telephone call from the doctor. A full check up will be done at the surgery 6 weeks after the birth. Please make an appointment with the nurse for this.

Children's Checks

At birth
At about 10 days by health visitor
At 6-8 weeks by doctor
At 9 months the health visitor will perform a development check
At 2 years by health visitor
At 3 ½ years by orthoptist checking for squint
At school entry by school nurse

Standard vaccination routine

1st 6-in-1 vaccine protecting against diphtheria, tetanus, whooping cough, polio,
2 months Hib (Haemophilus influenzae type b) and hepatitis B; 1st pneumococcal vaccine; 1st rotavirus vaccine; 1st meningococcus B vaccine.
3 months 2nd 6-in-1 vaccine; 2nd rotavirus vaccine.
4 months 3rd 6-in-1 vaccine; 2nd pneumococcal, 2nd meningitis B

12 months HiB and meningococcal C vaccine; MMR, 3rd pneumococcal, 3rd meningitis B
2-8 years Annual nasal flu spray (Fluenz)
3-4 years Pre-school 4-in-1 booster (diphtheria, tetanus, whooping cough and polio); 2nd MMR
11-13 years HPV (human papilloma virus types 16 and 18). 2nd injection given 6-24 months (girls) after the first
14-16 years 3-in-1 booster (Tetanus, diphtheria, polio; meningococcal ACWY(given at schools))

Combined vaccine protects from diphtheria, whooping cough, tetanus, polio and Hib (a form of meningitis). MMR protects from measles, mumps and rubella (German measles). Rotavirus is the main cause of diarrhoea in children. Meningococcus B, C, W and Y are causes of meningitis. Pneumococcus is the main cause of pneumonia. Human papilloma virus is a cause of cervical cancer.

Be Wise - Immunise

Please remember to tell us if you change your address.

Updated Dec 2017